



# November

8:30-9	Break with the news	12-12:30	Relaxation/Meditation
9-10	Table Activities	12:30-1	WII Games
10 – 11:30	Lesson- life skills	1-2	Cooking/Art Class/Pet Therapy
11:30-12	Lunch	2-2:30	Music Exploration
2017			

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
		<p style="text-align: right;">1</p> <ul style="list-style-type: none"> <li>• Social Life Skill Lesson</li> <li>• Workout Wednesday</li> <li>• Class to Creativity</li> </ul>	<p style="text-align: right;">2</p> <ul style="list-style-type: none"> <li>• Social Life Skills</li> <li>• Class Exercise</li> <li>• Throw Back Thurs.</li> <li>• Pet Therapy</li> </ul>	<p style="text-align: right;">3</p> <ul style="list-style-type: none"> <li>• Treadmill Time</li> <li>• Recreational Movie</li> <li>• Free Time</li> </ul>
6	7	8	9	10
<ul style="list-style-type: none"> <li>• Art</li> <li>• Exercise Class</li> <li>• Treadmill Time</li> <li>• Reading &amp; Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Social Life Skill Lesson</li> <li>• Bingo</li> <li>• School of Cooking</li> </ul>	<ul style="list-style-type: none"> <li>• Social Life Skill Lesson</li> <li>• Workout Wednesday</li> <li>• Class to Creativity</li> </ul>	<ul style="list-style-type: none"> <li>• Social Life Skills</li> <li>• Class Exercise</li> <li>• Throw Back Thurs.</li> <li>• Pet Therapy</li> </ul>	<p>Facility Closed</p>
13	14	15	16	17
<ul style="list-style-type: none"> <li>• Art</li> <li>• Exercise Class</li> <li>• Treadmill Time</li> <li>• Reading &amp; Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Social Life Skill Lesson</li> <li>• Bingo</li> <li>• School of Cooking</li> </ul>	<ul style="list-style-type: none"> <li>• Social Life Skill Lesson</li> <li>• Workout Wednesday</li> <li>• Class to Creativity</li> </ul>	<ul style="list-style-type: none"> <li>• Social Life Skills</li> <li>• Class Exercise</li> <li>• Throw Back Thurs.</li> <li>• Pet Therapy</li> </ul>	<p style="text-align: center;"><b>THANKSGIVING LUNCHEON</b></p> <ul style="list-style-type: none"> <li>• Treadmill Time</li> <li>• Recreational Movie</li> <li>• Free Time</li> </ul>
20	21	22	23	24
<ul style="list-style-type: none"> <li>• Art</li> <li>• Exercise Class</li> <li>• Treadmill Time</li> <li>• Reading &amp; Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Social Life Skill Lesson</li> <li>• Bingo</li> <li>• School of Cooking</li> </ul>	<ul style="list-style-type: none"> <li>• Social Life Skill Lesson</li> <li>• Workout Wednesday</li> <li>• Class to Creativity</li> </ul>	<p>Thanksgiving Holiday Facility Closed</p>	<p>Facility Closed</p>
27	28	29	30	31
<ul style="list-style-type: none"> <li>• Art</li> <li>• Exercise Class</li> <li>• Treadmill Time</li> <li>• Reading &amp; Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Social Life Skill Lesson</li> <li>• Bingo</li> <li>• School of Cooking</li> </ul>	<ul style="list-style-type: none"> <li>• Social Life Skill Lesson</li> <li>• Workout Wednesday</li> <li>• Class to Creativity</li> </ul>	<ul style="list-style-type: none"> <li>• Social Life Skills</li> <li>• Class Exercise</li> <li>• Throw Back Thurs.</li> <li>• Pet Therapy</li> </ul>	<p><b>EXERCISE CLASS</b></p>